

**Caring for an elderly parent
Paperwork Checklist
Lorna Adams, October, 2006**

- Power of Attorney (Place copies on medical charts each admission)
 - Medical
 - Financial
- Living Will (update annually or more often if needed)
 - Place on medical charts each admission
- Funeral Plans
- List of medications, including frequency and dosage information (update as often as medications change)
- Document in writing specific wishes
 - Burial/cremation
 - Organ donation
 - Body donated to science? (If so, plan ahead – approval and paperwork required).
 - Long Term Placement
 - Guardianship of children, pets, etc.
 - Distribution of possessions (place the names on items)
 - Long Term Care placement
 - Assisted Living
 - Nursing home
 - Alzheimer care
 - Other
- Note: Keep originals in a safe. Keep one copy of each item in a notebook that can be carried to doctor/hospital visits. Distribute copies to all family members involved in any decisions, all medical doctors, social workers (if involved), etc.